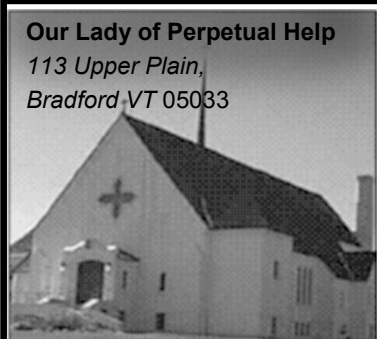


UPPER VALLEY PARISHES

4th Sunday of Lent (year c)

March 31, 2019



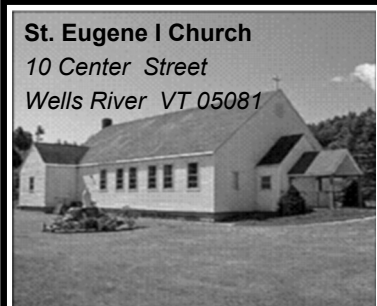
Our Lady of Perpetual Help
113 Upper Plain,
Bradford VT 05033

Rev. Rod Oliver Saligan
Parish Administrator

Phyllis Melanson
Parish Secretary

Our Lady of Perpetual Help

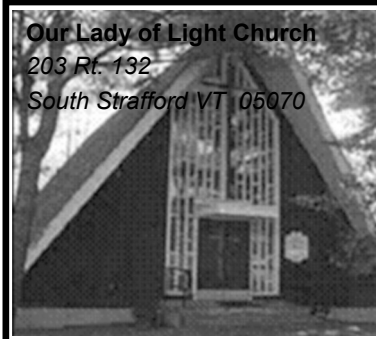
- John Nadeau - Chairperson Pastoral Council.....802-439-5250
- Patricia Clark - Chairperson Parish Finance Council.....802-222-4427
- Ginny Flynn - Director of Religious Education.....603-787-6049
- Irene Drew - Music Director.....603-960-0350



St. Eugene I Church
10 Center Street
Wells River VT 05081

St. Eugene 1 Church

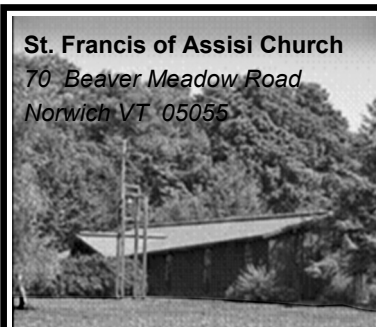
- Claudette Darling - Chairperson Pastoral Council.....802-584-3670
- William O'Malley - Chairperson Parish Finance Council.....802-757-2870
- Luella Lasseigne - Pastoral Associate802-757-2896



Our Lady of Light Church
203 Rt. 132
South Strafford VT 05070

Our Lady of Light

- Siobhan Lopez - Chairperson Pastoral Council.....802-765-4387
- Thomas Essex - Chairperson Parish Finance Council.....802-765-4118
- Peggy Thorp - Pastoral Associate.....802-765-4553



St. Francis of Assisi Church
70 Beaver Meadow Road
Norwich VT 05055

St. Francis of Assisi

- Doug Sonsalla - Chairperson Pastoral Council.....802-333-9659
- Peter Floeckher - Chairperson Parish Finance Council.....802-763-7339
- Fran DeGasta - Chairperson Religious Education802-649-3533
- Ed Mekus - Music Director.....603-448-0540

PLEASE CALL OR VISIT US DURING OFFICE HOURS

Office Hours for Our Lady of Perpetual Help: Monday and Tuesday **9:00 a.m. - 1:00 p.m.**

Wednesday and Friday **9:00 a.m. - 12:00 n.n.**

Office Telephone: **802-222-5268**

Email Address: **olph14@gmail.com**

Baptism: *By Appointment*

Marriage: *By Appointment*

Website: **uppervalleyparishes.org**

Facebook: **Our Lady of Perpetual Help Catholic Church, Bradford, VT**

*Welcome visitors!
Come, join us and become new members of the parish.
You may call or personally arrange a meeting with the priest administrator.*

**Our Lady of Perpetual Help Parish
Schedules and Activities**

Monday: 8:30 am - Mass @ chapel (w/ Confession)
 Tuesday: 8:30 am - Mass @ chapel (w/ Rosary)
 Wednesday: 8:30 am - Mass @ chapel

Then followed by:

Exposition of the Blessed Sacrament
 Novena of the Perpetual Help
 Silent Adoration of the Blessed Sacrament
 (8:30 am - 6:30 pm)

Friday: 8:30 am - Mass @ chapel (w/ Confession)
 Saturday: 5:00 pm - Rosary
 5:30 pm - Vigil Mass @ church
 Sunday : 9:30 am - Rosary and Confession
 10:00 am - Mass @ Church

Mass Offerings

St. Patrick's Dinner & Auction \$13,708.50

March 23, Saturday 5:30 pm Mass
 1st collection: \$ 233.00
 2nd collection: \$ 207.00 (Buildings & Grounds)

March 24, Sunday 10:00 am Mass
 1st collection: \$ 833.00
 2nd collection: \$ 303.00 (Building & Grounds)

This weekend's 2nd collection:

Mass Intentions (March 30/31):

Saturday 5:30 pm
 For: for parishioners
 Requested by:
 Sunday 10:00 am
 For:
 Requested by:

**COFFEE HOUR
AFTER SUNDAY MASS!**

Everyone is cordially invited
 to the coffee hour at Marian Hall after the Sunday Mass.
 Come meet up with old friends, make new acquaintances and
 enjoy some refreshments.

Sponsors:
 March 31 - Barb Olechowski & Bobbie Gallerani

Wednesday Potluck

**EVERY SECOND WEDNESDAY OF THE MONTH AT THE CON-
 FERENCE ROOM AT 5:30 P.M. AN EVENING WITH FOOD,
 MUSIC AND CAMARADERIE.
 PLEASE COME AND EXPERIENCE THE FUN!**

PASTORAL AND FINANCE MEETINGS

Parishioners are invited to attend as guests in the Parish Pastoral
 Council meeting every first Monday of the month at 6:00 in the
 evening and also in the Parish Finance Council Meeting every last
 Monday of the month at 5:30 in the evening. Both meetings will
 be held at the conference room, ground floor of the rectory.
 Change of schedule will be announced ahead of time.

**St. Francis of Assisi Church
Schedules and Activities**

Office Telephone: 802-222-5268
 Email Address: olph14@gmail.com
 Mailing Address: P.O. Box 1216, Norwich, VT 05055

Regular Schedules:

Sunday: 8:40 am Confession
 9:00 am Mass

Mass Offerings:

March 24, Sunday 9:00 am Mass
 1st collection: \$ 402.00
 2nd collection: \$ 136.00 (Building & Grounds)
 This weekend's 2nd collection: Catholic Relief Services

FIRST FRIDAY

Adoration of the Blessed Sacrament
 (every month)

COFFEE HOUR!

Please join us every 1st Sunday of the month
 after the Mass for a potluck brunch.
 Please bring a dish to share.
 All parishioners are encouraged
 to join us!

PLEASE OFFER SPECIAL PRAYERS FOR:

Gloria Thomas Suzanne Frazer
 Shirley Welch Paula Harris

HOLY WEEK SCHEDULE

Palm Sunday	9:00 am	mass / Blessing of palms
Holy Thursday	6:45 pm	mass of the Last Supper
Good Friday	6:00 pm	Adoration of the Cross
Easter Sunday	9:00 am	mass / Egg Hunting

TO ALL GENEROUS PARISHIONERS

Please be informed that we are taking up
 CANDY COLLECTION for EASTER EGG HUNT
 on Easter Sunday following the Mass.
 We really appreciate any Easter Candy donations.
 Let's bring joy on Easter!

ANNUAL INTER-FAITH LENTEN SERVICE 2019

All Churches in the area are united to provide the faithful with
 a meaningful preparation for Lent. There will be religious
 gatherings in different venues within the Lenten season every
 Sunday at 7:00pm.

<i>Date:</i>	<i>Place</i>	<i>Speaker</i>
March 31	- Piermont Cong	- Pastor Jeff Long-Middleton
April 7	- Our Lady of P. Help	- Pastor Bumshik Min Grace
March 14	- Palm Sunday Concert at Bradford UCC	Marsha Tomlinson

**St. Eugene I Church
Schedules and Activities**

Saturday: 3:35 pm Confession
4:00 pm Mass

Mass Offerings:

March 23, Saturday 4:00 pm Mass

1st collection: \$ 154.00
2nd collection: \$ 40.50 (Buildings & Grounds)

This weekend's 2nd collection: Catholic Relief Services
Next weekend's 2nd collection:

Mass Intention (March 30)

For: for parishioners
Requested by:

**ITEMS NEEDED
FOR THE WELLS RIVER
EMERGENCY FOOD SHELF**

Peanut butter, Jelly, Crackers, Cereal, Pasta Sauce, Canned Vegetables (corn, carrots, peas), Canned Fruit in natural juice and not heavy syrup, Canned Soup, Juice. Please check "Best Used By" dates. We cannot use expired items.

**You may bring your donation
to St. Eugene Church**

**The Wells River Emergency Food Bank thanks to
St. Eugene's parishioners for their continued support.**

**We pray for vocation to the religious life.
We pray for our families!**

**Our Lady Of Light Church
Schedules and Activities**

Sunday: 7:40 am Confession
8:00 am Mass

Mass Offerings:

March 24, Sunday 8:00 am Mass

1st collection: \$ 335.00
2nd collection: \$ 39.00 Black & Native American

This weekend's 2nd collection: Catholic Relief Services
Next weekend's 2nd collection:

Mass Intention (March 24)

For: for parishioners
Requested by:

For this Sunday: March 31
Reader: Dee Pingleton
Gift bearers: Louise and George Nagle

For next Sunday April 7
Reader: Eric Lopez
Gift bearers: Dee Pingleton and Maureen Morse

Important Dates:

April 14 - Palm Sunday 8:00am mass
April 21 - Easter Sunday 8:00am mass
May 11 - Saturday Morning
(Clean up of Chapel lawn and grounds by the members. Please come and join)
July 7 - Potluck Annual Breakfast

SIMPLE QUIZ (checking our Lenten observance)

From last weekend's quiz

1. How long does Lent last? - (40 days)
2. When does Lent start? - (Ash Wednesday)
3. What is the goal of Lent? - (Spiritual renewal in Christ)
4. For whom does the church pray during Lent?
(Catechumens and people who have left the church)
5. Which word means "to give those in need"? - (Almsgiving)
6. How many full meals may be eaten on a fast day? - (one)
7. Name a fast day in Lent. -
(Ash Wednesday or Good Friday)
8. What must Catholics over age 14 do on Fridays of Lent?
(Abstain from eating meat)

**"God never tires of forgiving us;
we are the ones who tire of seeking his mercy."**

-Pope Francis

STATIONS OF THE CROSS EVERY FRIDAY OF LENT

**Our lady of Perpetual Help - 9:00 am after mass and
6:00 pm at the chapel**
**Our Lady Of Light - church is open in the
afternoon**
St. Eugene - 3:00 pm at the church
St. Francis - church is open every Friday

Lenten Quote

**"Show me your hands. Do they have scars from giving? Show me
your feet. Are they wounded in service? Show me your heart. Have
you left a place for divine Love?"**

FOR YOUR INFORMATION

We offer special prayers for healing:

Lee Gillheeny	Marc Gillheeny	Shane Gillheeny
Liz Crane	Debra Baker	Thomas Vernazza
Kathy D'Agastino		

Prayers for the souls of:

Larry Lasseigne	Phil Leibrock	Sandra Agan
Lorraine Johnson	Joanne Polli	Charles Kent
Howard Grant	Margaret Fitts	Larry Drew
Eugene Dube	Priscilla Ledwith	

.....
 Vera Grant
 is currently residing at the Atkinson House
 in Newbury and she looks forward
 to having visitors!

FORGIVE WITHOUT CONDITION

A Lenten Reminder

Little Johnny was very upset with his elder brother. Before he said the night prayer, his mother pleaded him: "Now, I want you to forgive your brother." But Johnny was not in the mood. "No. I won't forgive him, he said. But his mother tried to convince him with all the motherly persuasions but nothing worked. Finally she said, "What if your brother were to die tonight? How would you feel if you knew you haven't forgiven him?" Johnny seemed to give in, "All right, I forgive him," he said, "but if he is still alive tomorrow morning, I will get even with him."

Food for the thought: Avoid conditional forgiveness. It is a sign of immaturity. We are all grown ups! There should be no "BUT" when we forgive.

"To forgive is to forget" This is easier said than done. Most of the times, we forgive the person but not the "feeling of being hurt". Harboring ill feelings makes life restless and miserable. You want to be truly happy? You just simply forgive.

*We salute and offer prayers for the safety
 of our servicemen and women:*

Tyler Clark	Erin Clark
Mallory Corey	Sam Corey
Lewis Moye-Linehan	Jonathan Goddard
Brent Goddard	Patrick McElroy
Tracy Pingleton	Michael Pingleton
Tristan Longmoore	Chris Kearney

BIBLE STUDY GROUP

The Bible Study Group is welcoming new members. Please feel free to join us as we follow Scott Hahn's commentary of Genesis. We meet right after coffee hour on the 4th Sunday of the month. We end our study with potluck luncheon . We will be meeting in the dining room area. For more information, please contact Kathleen Vaillancourt 603.787.6470

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BUILDINGS and GROUND

second collection

is to pay the plowing and sanding services during winter, lawn care during summer and building maintenance the whole year like electrical, piping and mechanical repairs, cleaning materials, labor and etc... The past years, we collected below than what we spent for buildings and ground expenses. Let us join hands together and respond to the needs of our church.

Let there be light

If you would like to remember a loved one in a special way or you have a special intention for the living , you can make a small donation and have either the Cross, the stained-glass Window or the statute of the blessed Mother lit in their memory. You may put their names and your donation in an envelope and put it in the collection basket.

<u>Big Cross:</u>	<u>Stained Glass:</u>	<u>Blessed Mother:</u>
For healing of Tom Vernazza	for fast recovery of Paula Harris	for healing Real Champagne

ATTENTION LECTORS

**READERS DURING THE MASS
 (INSTALLED OR NOT INSTALLED)**

**YOU ARE REQUESTED TO ATTEND THE
 UPDATING SESSION WHICH WILL BE HELD
 AT THE OUR LADY OF PPERPETUAL HELP
 CHAPEL THIS COMING JUNE 1, 2019 @
 10:00 IN THE MORNING**

A Special Thanks to OLPH Family:

Many, many thanks to my OLPH family for the prayers, cards and calls I received as I recovered from my auto accident. Special thanks for the cards made by the CCD children, they were truly appreciated. I am mending and hope soon to be back among you all again.

Thank you,

Diane Smarro